

ASAP RULES

The ASAP is an organization where people get together to play soccer for fun and friendship. Below are some rules we've adopted to make sure things stay that way. Please read the rules and respect them.

1. Respect your fellow players, referees and ASAP officials.
2. Referees have on their disposal standard "Red" and "Yellow" cards, but they can also use a "Blue" card for a "cooling-off" period. One "Red" card or two "Yellow" cards will result in one game suspension.
3. Slide tackling or playing the ball while on the ground is not allowed and will result in a free-kick.
4. If you are unable to attend a game, please call the ASAP hotline (514-808-GOAL) as soon as possible. Failure to call will result in one game suspension. Three calls with insufficient notice (within 24 hours of the game) during the season will result in one game suspension. Arriving late to the game without a prior call will result in waiting for the second half before being allowed to play.
5. If you are going to arrive late for a match, you must call the ASAP hotline (514-808-GOAL) as soon as possible to avoid waiting for the second half to play. Three calls in a season will result in a one game suspension.
6. Players can change on fly during the game as many times as required. All players are required to change in order to give each player an equal chance to play.
7. Leaning on the wall with both hands, or protecting the ball with one hand on the wall, is not allowed and will result with a free-kick.
8. A throw-in is used to bring the ball back into play when a ball goes out of bounds by hitting the field curtain, the storage room doorways or leaving the field in some other way.
9. A ball hitting the basketball net or backboard above the soccer nets will result in a free kick for the defending team.
10. Any player leaving the field, which includes the bench area, without just cause will be suspended for one game.
11. When in doubt, please refer to rule number 1.