

Winter Season :

ASAP has two formats for the winter season: Organized Pick-up and League, and two player types - Regular and Spare. This is how it works.

League: all teams play 22 games that are always played Sunday evenings between 16:30 and 22:30 at Pierrefonds Comprehensive High School in Pierrefonds.

Games are 8 v 8, with goalies, referees and replacement players (spares) provided by the league.

Players register as individuals or small groups of friends and teams are drafted at the beginning of the season by the captains.

Teams remain the same for the whole season and the league has standings to track every team's success.

Once you sign-up for the league we take care of the rest.

Organized Pick-up: for 29 weeks during the winter season there are two pick-up games played on Thursdays (20:00 and 21:30) at Pierrefonds Comprehensive High School in Pierrefonds.

Players must register for a Pick-up time slot at the start of the season to be eligible and, once registered, a player's spot is reserved at that time-slot for the whole season.

There are only 18 spots per time-slot so registration is first-come-first-served. Games are 8 v 8 and the league organizes replacement players and assigns teams before each game (teams change each week) to ensure a full game every time.

The goal of this game is to run, have fun and try new positions in a very low competitive game. No standings are kept, and there is no referee.

Regular player: a regular player is assigned to a team (or a Pick-up time) and has a reserved spot; whenever his team plays, he can play. When a regular player will be absent for a game, they notify the league, or their captain of their absence and the league organizes a replacement player for that game.

Spare player: a spare player is not assigned to a team (or Pick-up time) and therefore does not have a reserved spot each week; he only plays when the league asks him to. Each week, when a regular player is absent, the league will contact the players registered as Spare to ask if they can play at a certain time, at which point the Spare player can confirm, reject or ask to play at a different time. The league guarantees that a Spare player will be asked to play at least 10 times in a season, but if the player is often available, he can play over 15 times.