

## **INDOOR SOCCER RULES**

Unless otherwise specified, FIFA rules will apply. Furthermore, the referee's decisions are final. Some rules may not apply for Pick-up Soccer.

- 1.** No off-sides.
- 2.** The goaltender will be given a free kick when:
  - a) The ball strikes the basket (directly in front and above the net) or it's support structure.
  - b) The ball is lodged to the outer side of the goal net or goes behind the net.
- 3.** Changes on the fly are permitted provided, the players changing, touch each other within three meters of the side-line (Goaltenders are excluded).
- 4.** Goaltenders may change only when play is stopped. Any player on the field or off may change with the goaler.
- 5.** The ball is out of play if it strikes any part of the net separating both the gyms or goes into any of the vestibules. A throw-in is given to the appropriate team.
- 6.** If a penalty shot is awarded the following changes will apply:
  - a) The player who was fouled must take the shot.
  - b) It is not permitted to change the goaltender.
  - c) The only exception is unless the referee feels the player is unfit to continue the game then his team captain must select a player that is currently on the field.
    - a) The penalty shot will be taken from a distance of 11 meters from the goal line. The player taking the shot must have his non-kicking foot on the ground at all times except after impact with the ball.
- 7.** A BLUE CARD is a personal foul. The team affected does not play short-handed, however, the player disciplined must leave the field of play for the time assigned by the referee which could vary from 5 to 45 minutes.
- 8.** SLIDE TACKLES will result in an automatic BLUE CARD and the duration is up to the discretion of the referee.
- 9.** IMPORTANT: Players ABSCENT, who do not call at least 2 hours prior to their game, WILL BE FINED \$7:00 If you are fined more than twice, you will be suspended from play. The executive will decide on the duration.
- 10.** Player who arrive after the game has commenced and who did not advice league officiels of their lateness, will not be allowed to play until half-time.
- 11.** Any player leaving the field of play without just cause, will be suspended from play for one game.
- 12.** A player having received multiple suspensions within one season, will be subject to review by the Disciplinary Committee and must abide by their decision.